

## **La Jolla Weight Management Bariatric Surgery Approval Checklist**

Dear Patient:

Thank you for your interest in our Weight Management Program. Our team is looking forward to working with you to achieve this important life change.

In order to streamline and expedite the process for you, we suggest that when you come in for your initial consultation that you make every effort to provide documentation of your prior weight loss attempts. A recent diet/exercise log is extremely helpful. Any copies of your medical records and up- to-date physical/annual exams are also helpful. The documentation(s) you provide us will help us best prepare for your procedure and provide the safest and most rewarding experience possible.

We also advise you to get in contact with your Insurance Company to verify bariatric coverage on your plan. Please inquire on both gastric bypass (CPT procedure 43644) and lap band (CPT procedure 43770). Some employee plans may have an exclusion for bariatric surgery or may require at least 3-6 months of monthly visits for Weight Management prior to approval for surgery.

**For all CASH PAY patients**, initial consultation fee is at \$195.00. Additional breakdown of cash pay prices for the surgery will be discussed at your consultation.

Here is a checklist of items you can use to make sure you meet your goals in a timely manner:

- Attend a Weight Management Seminar
- Obtain Psychological Clearance
- Complete enclosed patient demographic forms.
- Provide us with a copy of your insurance card, if applicable.
- Obtain a letter from your Referring Physician and/or Primary Care Physician referring you for “evaluation” for bariatric surgery.
- Obtain and provide any dietitians’ and/or physicians’ letters/statements documenting medically supervised weight loss attempts.
- Provide all documentation of your personal weight loss attempts (e.g. diet/exercise journal) through the use of Weight Watchers, Jenny Craig, Opti-Fast, Medi-Fast, LA Weight Loss, Nutri-System, prescribed diet pills, etc...

You may bring all the information at the time of your consultation. We hope that providing you with the information in this initial consultation packet will help guide you through the complete approval process through surgery and beyond your recovery. Please do not hesitate to contact our office at (858) 457-4917 for any questions and/or concerns.

